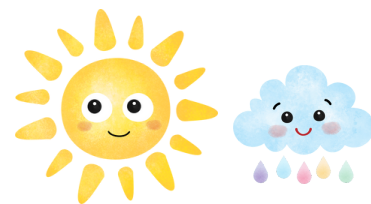




BRAIN CHART



SUCCESS!	M	T	W	T	F	S	S	POINTS
Sitting calm & relaxed								
Focusing on speaker								
Listening up								
Thinking skills in action								
Taking big calming breaths								
Being resilient (Oh well I can do this!)								
Naming emotions & sharing when needed								
Finding solutions								

TOTAL POINTS

GOAL

REWARD